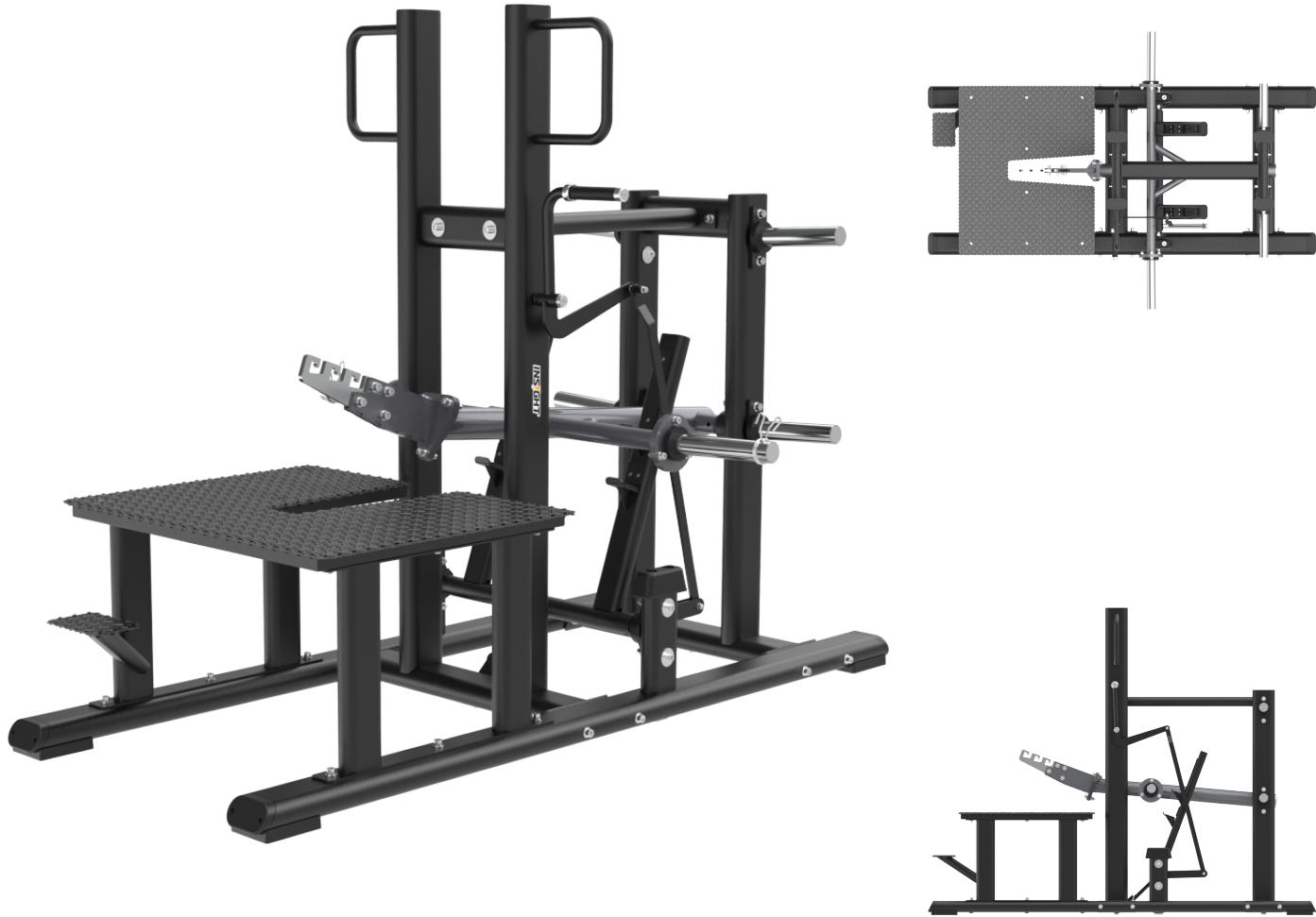


SH PLATE LOADED SERIES

SH079 - MULTI-FUNCTION BELT SQUAT



PRODUCT OVERVIEW

The SH079 Multi-Function Belt Squat is a premium strength training machine specifically designed for lower-body development, featuring a modern appearance and robust construction. It is ideal for commercial gyms and high-end personal training studios.

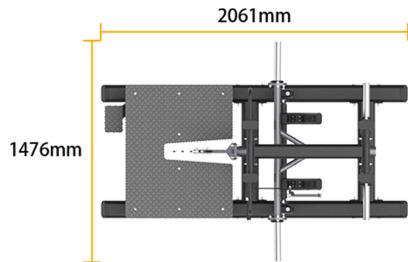
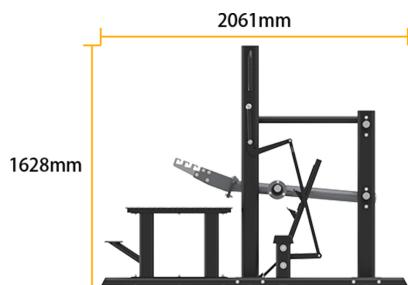
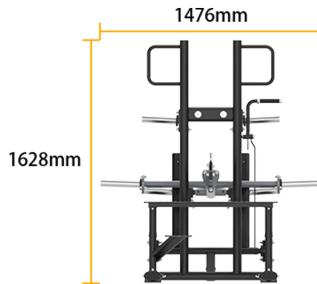
An integrated step platform assists users in mounting and dismounting the machine safely and conveniently. Multi-angle support handles accommodate different user heights and grip preferences, providing added stability throughout the exercise. The belt attachment system offers three adjustable hook positions to prevent interference with the machine structure, improving freedom of movement and overall comfort. The widened belt design ensures secure and stable force transfer during training.

The lever arm follows the natural movement path of the hip joint, delivering smooth and controlled force output. An oversized anti-slip footplate supports multiple stance widths and foot positions, allowing users to tailor their setup to specific training goals. This design enables effective activation of key lower-body muscle groups, including the gluteus maximus, quadriceps, and adductors, for comprehensive lower-body strength development.

SPECIFICATIONS & KEY FEATURES

Specifications

Dimension:	2061*1476*1628mm
Net Weight:	180kg
Max Load Capacity:	200kg
Main Frame Tubing:	PT60*120*2.5 PT50*100*2.5 φ76*3.0; φ48*5.0
Standard Color Scheme:	SH Series standard color scheme

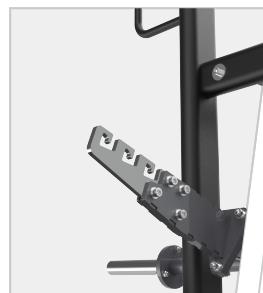


Product Features



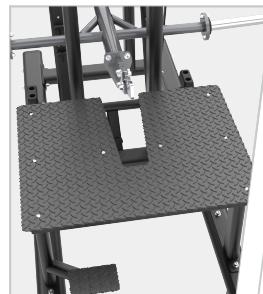
User-Friendly Assistance System

Integrated step platform and multi-angle handles allow users of different heights to access and use the machine safely and comfortably.



Adjustable Belt Attachment System

Three belt hook positions accommodate various body types and training postures, ensuring smooth and natural force application.



Stable Full-Range Footplate Design

Oversized anti-slip footplate provides reliable support, ensuring full range of motion and enhanced training safety.